The Learning Challenge

Some young people struggle to work and learn alongside peers after months of isolation and maintaining physical distance. Others face challenges navigating public spaces and following school rules. For some, an inability to access support services during the pandemic intensified mental health issues. Students who lost loved ones or who have experienced food, housing, and income insecurity are especially at risk. One consequence is that schools all over the country have seen a significant rise in antisocial behavior, from refusal to follow directives to physical fights. Educators report increased levels of stress as they try to manage these behaviors and respond to students' complex needs.

The Professional Learning Opportunity

Teachers are searching for practical strategies to strengthen adolescents' social and emotional skills and to cultivate a sense of belonging and a commitment to a community of learners. This three-day dynamic experience immerses teachers in what it takes to promote positive behavior and prevent minor off-track behaviors from becoming major problems. Teachers will walk away energized and equipped to cultivate student skillfulness and shared accountability to the classroom community.

Audiences

- Teachers
- Teaching assistants
- Instructional coaches
- Teacher teams
- Administrators

Topics/Strategies, Frameworks, and Core Experiences

Please see below.

---

1. [https://www.washingtonpost.com/education/2021/10/26/schools-violence-teachers-guns-fights/]
## Guided Discipline Institute for Middle and High School Educators

**Format:** In-Person  

**Duration:** Three Days  

**Frequency:** The Institute can occur over the course of three consecutive days.

**Contact Us**  
For more information and to book this service for your district or school, please call us at 800-370-2515 ext. 30 or email Sara Adelmann at sadelmann@engagingschools.org

<table>
<thead>
<tr>
<th>Key Topics/Strategies</th>
<th>Key Frameworks</th>
<th>Core Experiences</th>
</tr>
</thead>
</table>
| ■ Exploring adolescent development essentials  
■ Knowing where my power and influence come from  
■ Leveraging positive relationships to support individual students  
■ Building a cohesive group  
■ Organizing the learning environment with foundational procedures  
■ Categorizing common behavior concerns  
■ Building relational trust through responsive listening  
■ Depersonalizing unskillful behavior  
■ Implementing first response to behavior concerns and behavior check-ins  
■ Three approaches to classroom discipline  
■ Unpacking disrespect  
■ Defusing charged situations  
■ Facilitating a problem-solving circle | ■ [Six Conditions for Academic Engagement](#)  
■ [Learning and Life Competencies](#)  
■ [Domains of the Engaged Classroom](#)  
■ [Multi-Tiered System of Supports](#) | ■ Modeling of core strategies  
■ Simulations  
■ Reading and reflection  
■ Partnership, small and whole group dialogue  
■ Participant choice  
■ Application Time |